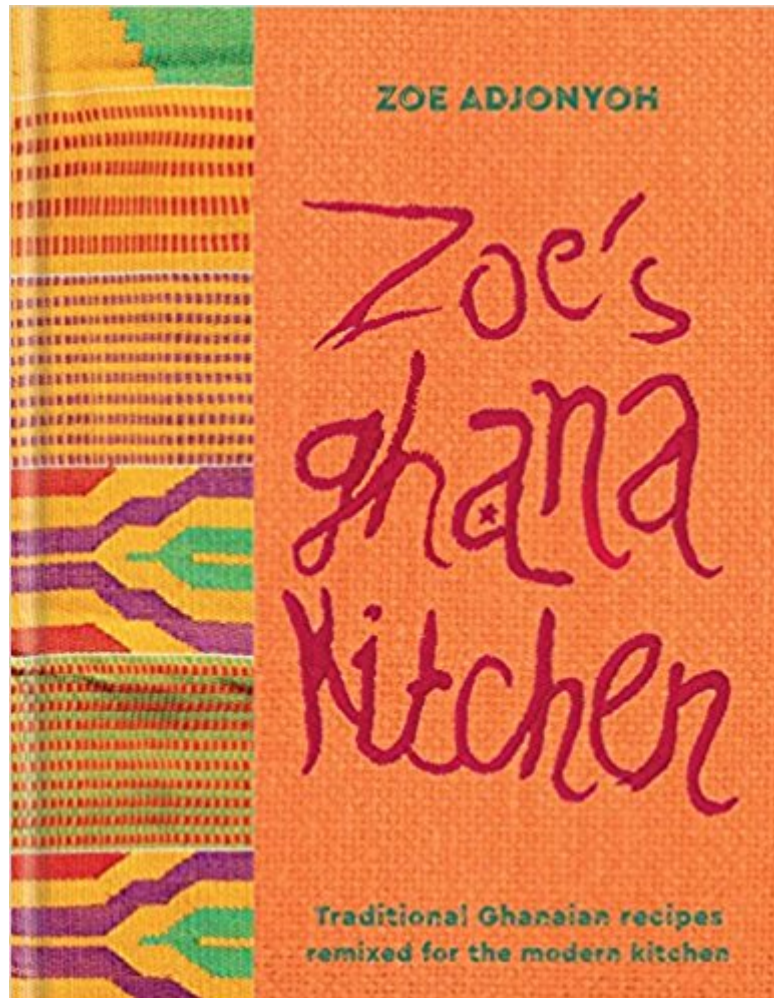




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Zoe's Ghana Kitchen



Synopsis

"I believe we are on the cusp of an African food revolution. There is a longing to try something that is actually new, not just re-spun, and African cuisines are filling that gap. It's the last continent of relatively unexplored food in the mainstream domain. For too long Africans have kept this incredible food a greedy secret." - Zoe Adjonyoh

Zoe's Ghana Kitchen was a pop-up restaurant in the UK that grew into a huge success by word-of-mouth. Here Zoe takes traditional Ghanaian recipes and re-mixes them for the modern kitchen. From Pan-roasted Cod with Grains of Paradise and Nkruma (Okra) Tempura to Coconut and Cassava Cake and Cubebe Spiced Shortbread, Ghanaian food is always fun, always relaxed and always tasty! These fabulous Ghanaian dishes are homemade favorites, focusing on traditional flavors with Zoe's twist. Simple to cook and very flexible - you can take the basic principles and adapt them easily to what you have available in your cupboard or fridge - you can prepare your own wonderful vibrant Ghanaian dishes.

Book Information

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Customer Reviews

Zoe Adjonyoh is a writer and cook from South-East London. Her pop-up restaurant and supper club have been making waves in the foodie scene - both in London and Berlin - bringing traditional and contemporary Ghanaian food to an audience outside of the Ghanaian community. Zoe appears at streetfood markets, pop-ups and festivals across Europe, as well as providing cooking classes and being an established event caterer.

This is the most beautiful and captivating cookbook I have purchased in years. I have a feeling this is just the beginning for Zoe. I highly recommend this cookbook, even just for a read. Well done Ms.

Adjonyoh!!

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